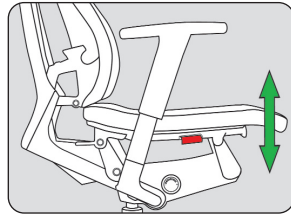


Operating your Spina chair

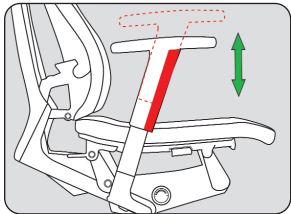
Seat Height

Lift the height adjustment lever whilst seated, it is located under the seat on the right hand side. Release the lever when it is set at a preferable height.



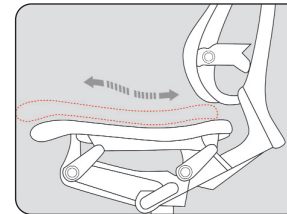
Armrest adjustment

Adjust the armrests by squeezing the arm support and moving the arm rest up or down. The armrest can be rotated inwardly up to 40° at 20° intervals.



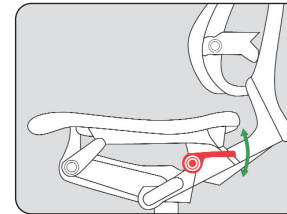
Passive Seat Slide & Active Lumbar Support

If you adopt the standard sitting posture, the seat will slide down and backwards and the lumbar support will move forwards.



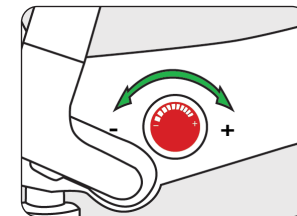
Active Lumbar Support Stopper

You can stop the function of Active Lumbar Support (A.L.S.) and the forward protrusion of Lumbar Support, but to achieve the best support from the chair we recommend you keep this activated.



Tilting Tension Adjustment

The adjustment knob is located on the right under the seat, this is most easily adjusted when you are in the upright position. Ensure tilting range adjustment is set to middle or full stroke.



To increase tension :

- Turn the knob clockwise

To decrease tension

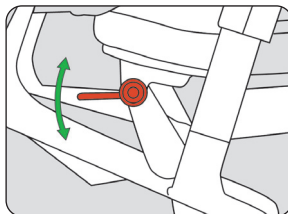
- Turn the knob counterclockwise.

Recline gently to test the tension setting.

Tilting Range Adjustment

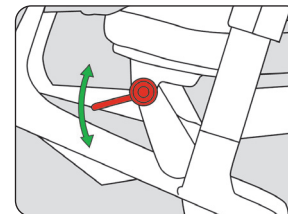
Upright Fixed Position

The backrest can be fixed in an upright position by lifting the lever located on the right side of the seat towards the rear.



Middle Range

The backrest reclines up to 10° degrees by lowering the lever one level.



Full Stroke

The backrest reclines up to 20° degrees by lowering the lever two levels.

